



FOUR CORNERS BLUE STAR MOTHERS
SUGGESTED ITEMS FOR
MILITARY CARE PACKAGES

FOOD:

Beef Jerky or Slim Jims
 Green Chilies - small cans
 Dried Refried Beans
 Tuna Kits
 Sunflower Seeds/Nuts
 Small Canned Fruit with pop tops
 Powdered Drink Mixes - individual packets
 Hot Chocolate & Cider mixes
 Gum & Hard Candy
 Trail Mix
 Dry Cereal/single serving size
 Granola Bars/Breakfast Bars
 Microwave Popcorn
 Ramen Noodle Packages

PERSONAL ENJOYMENT - MISC:

Batteries - all sizes
 Socks/Boxer Shorts/T-Shirts
 Hand & Foot Warming Packets
 Travel Games
 Puzzle Books/Word Search/Sudoku
 Cards/Dice
 Hacky Sacks
 DVDs/CDs

HYGIENE: (PERSONAL/TRAVEL SIZES)

Razors
 Shaving Cream
 Body Wipes
 Q-Tips
 Foot & Body Powder
 Toilet Paper
 Toothpaste/Toothbrushes
 Dental Floss/Mouthwash
 Deodorant
 Hand Sanitizer
 Lotion/Sunscreen
 Neosporin/Band-Aids
 Ibuprofen or Acetaminophen (NO ASPIRIN)
 Eye Drops
 Bug Repellent
 Cough Drops
 Toothpicks
 Shampoo/Conditioner

PROHIBITED ITEMS:

Pornographic Material, Alcohol,
 Anything offensive to the Muslim
 faith (ex. - pork), Bulk quantities
 of religious materials

CONTACT INFORMATION FOR BLUE STAR MOTHERS:

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 Kelly Murray: 325-9278 Louise Tso: 330-4720

We are taking
 donations for Military
 Care packages